Activity and panoramic map Stoos-Muotatal Digital activity map Legend Cable Car / Funicular Walking and hiking trails for all abilities ■ Bus stop Paragliding launch point Marked in yellow. No special footwear needed; can be hiked without any Train station ■ Boat landing stage ■ Parking lot / Parking garage ■ Viewpoint Swimming pool / Spa --- Mountain hikes for experienced alpine hikers i Information The route may take you off-trail in places. All-weather gear and hiking shoes Cinema / Theater with good grip are essential. Alpine hut refreshments Restrooms Alpine hut --- Alpine trails Café May include some scrambling. The route may take you off-trail in places. You Woodland fitness trail Accommodation must be in good physical condition, and must understand the risks in the Soccer ground ▼ Rental & service mountains. All-weather gear and hiking shoes with good grip are essential. Multi-use hall Barbecue area Kayaking Silberen-Bödmeren Nature Reserve Picnic area Please be respectful of your surroundings in the Silberen-Bödmeren Nature Playground Caves Golf course Pump track Reserve: do not disturb or frighten animals; keep the noise down; stay on Route start pointNo vehicles

canyoning in the Muota River.

ILLGAU ACTIVITIES

Schlattli – vordere Brücke – Muotathal / \uparrow 56 m / \downarrow 5 m / 2h

4 Wetterfrosch-Wanderweg 👫

Unter Roggenloch – Bödmeren – Stägen – Unter Roggenloch

12 Urwaldweg Bödmeren

Eigeliswald – Rasis Hütte – Gschwänd – Äbnenmatt– Bödmeren – Stägen –

13 Vom Sahli zum Muotathal

14 Rund ums Sahli

höchi – Schlänggen ↑ 605 m / ↓ 605 m / 3 h 30 min

↑ 360 m / ↓ 280 m / Etappe 1: 3 h 45 min tappe 2: Muotathal – Stalden – Pragelpass – Hinter Klöntal

24 Karstspur Silberen

Pragelpasshöhe – Butzen – Silberen / Twärenen– Silberenalp – Alpeli – Pragelpasshöhe / ↑ 864 m / ↓ 864 m / 5 h 45 min

27 Auf den Muotataler Hausberg

Schwarzenbach – Gigen – Träsmeren – Wasserbergfirst – Liplisbüel – Muotathal ↑ 1575 m / ↓ 1915 m / 7 h 50 min

STOOS

80 Moorweg / 11 Sternegg – Frontal – Stoos Seeli / ↑ 15 m / ↓ 15 m / 30–45 min 82 Stooshorn-Runde Bergstation Standseilbahn – Stoos Kapelle – Stooshorn – Restaurant

Alpstubli – Bergstation Standseilbahn / ↑ 42 m / ↓ 42 m / 50 min 83 Panoramaweg Fronalpstock

Fronalpstock Gipfel – Fronalpstock Gipfel \uparrow 80 m / \downarrow 80 m / 30 min

Fronalpstock Gipfel – Charenstöckli – Alp Laui – Frontal – Stoos ↑ 0m/ ↓ 579m/2h

Stoos – Rinderchruteren – Tröligen – Alp Näppänalp – Metzg – Restaurant Stoos Hüttä – Gasthaus Balmberg, Dorf Stoos / ↑ 364 m / ↓ 364 m / 3 h 25 min

87 Gratwanderweg Stoos Klingenstock – Huser Stock – Furggeli – Fronalpstock ↑ 365 m / ↓ 378 m / 1 h 30 min – 3 h

MORSCHACH

60 Weg der Schweiz

Rütli – Seelisberg – Bauen – Flüelen – Tellskapelle – Sisikon – Morschach – Brunnen / ↑ 1400 m / ↓ 900 m / 11 h 5 min

61 Panoramaweg Morschach

Infopavillon – Axenstein – Schwyzerhöhe – Luftseilbahn – Nägelisgärtli – Degenbalm – Infopavillon / ↑ 270 m / \downarrow 270 m / 1 h 40 min

62 Kapellenweg

Infopavillon – Lourdes Grotte – Franziskuskapelle – Marienkapelle -Mattli Antoniushaus – Infopavillon / ↑ 100 m / ↓ 100 m / 1 h

63 Wundernasenweg / 11/14 Infopavillon – Apart Holidays – Landal Ferienhäuser – Infopavillon

↑ 20 m / ↓ 20 m / 30 min

64 Wanderung zum Schilteli Morschach – Degenbalm – Hetzig – Schilteli – Hinter Schilteli – Morschach ↑ 575 m / ↓ 575 m / 2 h 55 min

65 Dachsenweg Rundgang

Infopavillon - Mattli - Vorder Wasi - Hinter Wasi - Mattli - Infopavillon ↑ 160 m / ↓ 160 m / 1 h

ILLGAU

40 Chäferliweg Illgau / 1

St. Karl Bergstation – Waldspielplatz – Glockenspiel – Erlebnisspielplatz Balmli – Illgau / \uparrow 10 m / \downarrow 375 m / 50 min

41 Zum Aussichtspunkt Sternenegg

Illgau - Kirchengut - Chaltenbrunnen - Oberer Altberg - Sternenegg - Rieter -Illgau ↑ 600 m / ↓ 600 m / 3 h 30 min

42 Spirstock

Illgau – Vorder Oberberg – Chaltenbrunnen – Sternenegg – Spirstock – Fäderenberg - Ober Hasen - Vorder Oberberg - Illgau / ↑ 1014 m / ↓ 651 m / 4h 40 min

43 Rundweg Fallenflue

Illgau – Bergstation St. Karl – Fallenfluh (Aussichtspunkt) – Nühus – Illgau Dorf ↑ 186m / ↓ 183m / 2h

CYCLING TOURS

Chinzig Bike Tour

Schlattli – Alp Wannen – Brunnerboden – Stoos – Oberschönenbuch – Schlattli Stoos - Brunnerboden - Rinderchruteren - Metzg - Firrenboden - Holibrig - Stoos

Brunnen Tour Brunnen – Oberschönenbuch – Schwyzer Höhe – Morschach – Axenstein – Brunnen Suworow Route Schwyz – Suwowowbrücke – Muotatal – Pragelpass – Klöntal – Glarus – Elm

3 Muotathaler Witzwanderweg

Schulhaus Muota – Altersheim – Guggeli – Teufbach – Tschalun – Muotadamm – Schulhaus Muota / ↑ 188 m / ↓ 188 m / 1 h 40 min

↑ 109 m / ↓ 109 m / 1 h 15 min

10 Rundgang Stalden Töbeli – Brunni – Husky-Lodge – hint. Brücke – Stützli | ↑ 106 m / ↓ 106 m / 1 h 10 min

Eigeliswald | ↑ 469 m / ↓ 469 m / 3 h

Sahli – Schwarzenbach – Schönenboden – Mettlen – Laui – Herrgott – Hintere

Brücke | ↑ 0 m / ↓ 510 m / 2 h 35 min

Schlänggen – Vordersten Hütte – Waldisee – Gross Gade – Milchbüelen – Sali-

15 Pragelpassweg Etappe 1: Schwyz – Schlattli – Muotathal

hiking routes. Follow the trails along the Muota River, across timeless mountain scenery and through unique nature such as the ancient Bödmeren forests ↑ 1200 m / ↓ 950 m / Etappe 2: 7 h 15 min and the Silberen karst.

BODY & SOUL

Treat yourself to a guided meditation to top up your energy, balance and inner calm. After that, relax body, mind and soul in the sauna. Switch off, unwind, and enjoy - now on offer at 'erlebniswelt muotathal GmbH'!

Take an intrepid hike through the Hölloch cave system and discover the world

from the underside! Go climbing at the 'erlebniswelt muotathal GmbH' leisure

park, or get your adrenalin rush on a wild water adventure such as kayaking or

Muotathal village is at the heart of a network of over 280km (175 miles) of

Mt. Klingenstock: invigorating, alpine, and eternal, Mt. Klingen-

stock is a fantastic place for energetic tourists! Let nature inspire you and experience Mt. Klingenstock with all five senses.

HIKING – FRONALPSTOCK

Carefree hours in the fresh mountain air, surrounded by 360° panoramas – what more could anyone want? And that's just what Mt. Fronalpstock has to offer. An ideal outing for families with school-age children

BODY & SOUL – STOOS VILLAGE There's plenty to discover in Stoos mountain village. Enjoy

sunny strolls, international cuisine, and magnificent views. Family-friendly Stoos has something for everyone, from grannies

At the very end of the Muotatal Valley, the primeval forests of the Alps survive

in the 550ha (1,360 acre) Bödmeren forest. Some parts of this ancient forest, unchanged for centuries, have barely felt the influence of humankind.

HIGHLIGHTS SUMMER 2024

PRAGEL PASS RIDESHARE BENCHES

To help ease the way for tired hikers and take people over the pass, local association IG Pragel has installed twelve easily visible rideshare benches along the pass road between Klöntal and Muotathal. Sitting on one of these benches signals that you would like a ride.

In December 2017, the world's steepest funicular opened in the middle of a

WORLD'S STEEPEST FUNICULAR

mountain village: Stoos. The Stoosbahn achieves 110% = 47.7° at its maximum gradient. Its innovative technology is unique in the world. Kids go free in summer with a Junior or Kinder kids' travelcard.

HERITAGE & TRADITION IN ILLGAU

One of Illgau's best-known and most-loved traditions is its folk music. It's said that at least one instrument is played in every family in Illgau. Alongside the traditional brass bands, you'll find modern rock, pop, and folk groups.

THE SILBEREN KARST

TAbove us, the expanse of sky; below us, the endless void of the Hölloch cave system; all around us, the bare karst: the rocky Silberen landscape is something special to see, boasting Switzerland's biggest karst formations. The trailhead is at the Pragel Pass, and a particular highlight of the second part of the hike is the view into the Klöntal Valley.

HÖLLOCH CAVES

With 210 kilometers explored to date, the Hölloch isn't just the biggest cave system in Switzerland, nor in Europe: it's one of the biggest in the world. The vast network of caves and tunnels is a magnet for outdoor enthusiasts!

ÜBERNACHTEN Options range from holiday rentals to family-friendly campsites and hotels. The Mattli Antoniushaus welcomes seminar

The mountain village with character.

Beautiful, peaceful, sunny Illgau is the

perfect home-from-home for a holiday.

«Guäts und Gnuäg»! The pithy motto

of the Sigristenhaus restaurant and

Oberberg inn – "delicious and satisfying"

Built in 1774, the Sigristenhaus is a lis-

ted building and has a delightful tradi-

tional atmosphere to match the tasty

- sums up the flavor of Illgau.

traditional cuisine.

RESTAURANT Tasty ice-cream, BBQ pits, and restau-

and conference guests.

taurant 'im Golf'

rants crossing the globe from Italy to Thailand – or immerse yourself in a real Schwyz experience: Morschach has it all. **SPEZIALITÄTEN**





ÜBERNACHTEN

Cozy comfort in the Stoos Hüttä, pampering in the Stoos Hotel, Alpine chic in the Caschu Alp or a home-from-home in group accommodation or a holiday rental.

RESTAURANT

Restaurants with a view, local specialties, modern cuisine, buffets... gourmet delights abound!

Gourmet restaurant Chranz Stubli intertwines the traditional with the modern; creativity with indulgence; a passion for cuisine with a heart for hos-

BERNACHTEN Next door to the Huskies – or in the

midst of nature on the Glatt Alp? Muotathal village has a wealth of options for an amazing night's sleep!

RESTAURANT From regional specialties to internatio-

nal haute cuisine; from alpine hut catering to the Panorama Restaurant... there's something tasty for everyone.

SPEZIALITÄTEN Bakery-confectioner Conditorei Schel-

bert is known for its delicious local specialties: a cherry cream pie and a filled cookies inspired by the local caves.

FUN FOR ALL THE FAMILY



Guarding the head of the Muotatal Valley from some 1,200m above sea level, the Fallenflue crag boasts splendid views over Schwyz and Lake Lucerne. The north-west face is popular with adventurous climbers throughout the summer.

Embark on the Chäferliweg in search of the local beetle, and discover play areas, barbecue spots, and more. Follow circular trails around sunny Illgau to the Fallenflue crag, Oberberg and Chaltenbrunnen.

May - October

July 31 / August 1

August 5 – 10

August 17 / 18

October 26/27

August 14

August 25

October 19

August - September

October – Dezember

May - August

July 6

EVENTS SUMMER 2024

Illgau is steeped in music of all kinds – folk, rock, pop and even marching bands Harmonizing with the instrumental music, vodeling is an essential element of the village culture: listen out for the vodel club and vodel duets. The social village culture and a shared love of music reflect the spirit of village Illgau.

«Sagenabend» at Restaurant Oberberg, Illgau

Evening trips to Mt. Fronalpstock EVERY SATURDAY

Stoos-Schwinget (swing festival Stoos)

Sunset trips on Mt. Fronalpstock EVERY FRIDAY

Country Rock Openair, Ried - Muotatal

Ladybug festival, Illgau

Stoos-Trail

Migros Hiking Sounds, Stoos

National holiday on the Stoos

Kids Musical Camp, Morschach

Natural products market Stoos

Alpine cheese market, Muotathal

Coop Family Hike, Stoos

Fröneli festival, Stoos

Theater Muotathal

Listen to alpine horns above Morschach EVERY TUESDAY

Open air mass with yodel choir on Mt. Fronalpstock

Drive golf balls across the Axenstein golf course in the midst of a breathtaking panorama oozing with myths, enjoy a high-speed afternoon on the outdoor go-kart track or experience the buzz of the Flying Fox parkour trail.

The Panoramaweg takes you around the village of Morschach, with fantastic views over Lake Lucerne and to the peaks of Canton Schwyz. The Kappellenweg is a dramatic trail taking you from chapel to chapel. Kids will love the themed Wundernasenweg and Detektiv-Trail.

BODY & SOUL

The Swiss Holiday Park is a unique holiday experience for visitors of all ages. boasting a bowling alley, a variety of sporting activities, and a water park. The sound of alpine horns echoes over the park every Tuesday from May-August.

Accommodation options range from family-friendly hotels to self-catering or camping adventures. Meet huskies and farm animals next door, and soak up the breathtaking scenery on every side of your accommodatio

HIKING WITH THE KIDS When you're out and about with the kids, you see the world differently. The

every walk becomes an adventure.

RELAX AND RECHARGE

room or a cold water wooden tub.

Let the atmosphere soothe your

xurious Roman/Irish baths, and pam-

WELLNESS HOTEL STOOS****

soul, soak away your cares in the lu-

per yourself with a relaxing massage.

SWISS HOLIDAY PARK

FAMILY HOLIDAYS

Head to the Swiss Holiday Park for a non-stop holiday experience with options ranging from virtual reality to billiards to bowling, the movies and table tennis. The newly built Superdome, with an area of 1,300m², offers indoor activities

including Jump, Hit-it, a climbing wall, tower and a toddler play area. And the

FunPark in the Stoos Lodge is always a hit with the younger guests.

fun, funny, and educational themed trails; the hiking routes suited to strollers

MEET THE ANIMALS

While away hours at the Erlebnis Fronalp activity center, getting to know the horses, ponies, cows, goats, hens and bunnies. The riding stable is also a popular highlight. Get close to the tiny goats in the petting zoo on Mt. Fronalpstock, or visit 'erlebniswelt muotathal GmbH' to meet the huskies.

The pump track and Schwarzenbach playground are perfect for hours of fun in

Muotathal; energetic climbers will be rewarded by the wooden castles of the

Mt. Fronalpstock playground, while small adventurers are sure to adore the woodland play parks in Illgau and Morschach

PLAYGROUNDS AND PARKS

PICNIC AREAS WITH BARBECUE SPOTS Summertime is BBQ time! The Stoos-Muotatal region has a great selection of beauty spots where you can grill your sausages and toast Swiss bread twists over a fire. Please keep to the Alpine Code of Conduct.

WINTER 2024/25



GRUPPEN OUTINGS ALPINE CODE OF CONDUCT WHEATER MICROCLIMATE

FASCINATION WEATHER: The beauty and power of nature

can vary dramatically over the space of just a few miles.

The Stoos-Muotatal region has a close relationship with its weather, due to the

frequent and dramatic extremes it experiences. From Föhn-blown storms on

Lake Uri to record freezes on the Glatt Alp; from downpours in the Bödmeren

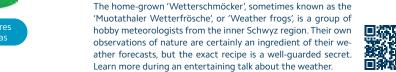
forest to long sunny days on the Stoos and the Illgau sun terrace – the weather

Respect the mountains. Thank you for your understanding!









WETTERSCHMÖCKER

OUT AND ABOUT Enjoy energetic adventures in breathtaking surroundings with your group. Op-

portunities range from hiking through the picturesque scenery to lively outdoor activities including golfing in Axenstein, exploring the hidden world of the Hölloch cave network, soaking up the atmosphere of the ancient Bödmeren forest, or meeting the huskies in Muotathal.

Peek behind the scenes of the construction of the world's steepest funicular.

Delve into the details of local, environmentally friendly energy generation at the ebs AG power station, or join in one of Bernhard Betschart's workshops to experience the uniqueness of yodeling for yourself.

MEETINGS & SEMINARE

Mattli Antoniushaus, Stoos Lodge, erlebniswelt muotathal GmbH and the Swiss

HISTORY AND CULTURE

Holiday Park all have state of the art facilities that make them ideal bases for for a fruitful conference or event.

HUSKY LODGE CHALET HOTEL CASCHU ALP BOUTIQUE DESIGN HO Pure relaxation, surrounded by Muo-If you need to get away from the tathal's natural wonderland. Unwind hurly burly of daily life, the spa in the and recharge in the sauna, quiet

Caschu Alp Boutique Design is just the place for you. Let nature soak through your spirit in the sauna zone, whirlpool, and many more treasures

STOOS LODGE DESIGN & LIFESTYLE Enjoy the 500m² of sauna and fitness facilities, fully equipped with panoramic views.

Some 1,100m2 of spa facilities will restore equilibrium to body and soul. Absorb the power of the nature all around.

A ski safari in the Illgau region is a particularly special experience, while the Stoos boasts 35km of maintained

slopes, all with breathtaking views. CROSS COUNTRY

CULINARY ART & ENJOYMENT Hours of relaxation in the fresh Glide through nature until your pulse is racing. The region has a varied selection of trails for both classical cross-country skiers and skaters.

SNOWSHOE TRAILS AND WINTER HIKING

mountain air can be perfectly combined with a visit to a restaurant.

SLEDDING & AIRBOARDING

ride or give airboarding a go.

Experience the euphoria of flying

down the slopes with the wind in

your hair. Mix it up with an evening



SPEZIALITÄTEN



Summer 2024

STOOS - MUOTATAL TOURISMUS GMBH

Grundstrasse 232, 6430 Schwyz

INFO POINTS

+41 (0)41 818 08 80 WEBSITE www.stoos-muotatal.ch

Pavillon Morschach.

Xaver Lüönd AG Muotathal Valley station Funicular Schwyz – Stoos.

Mountain station air gondola Morschach - Stoos, Raiffeisenbank Illgau

«For hikers. For sun worshippers. For bon vivants. For an escape from the city. For spa lovers, For cave explorers. For mountain climbers. For adrenalin addicts.»

For YOU! Discover the Stoos-Muotatal region.

