Panoramic activity map Digital activity map Legend Climbing walls Cable Car / Funicular Walking and hiking trails for all abilities ■ Bus stop Paragliding launch point Marked in yellow. No special footwear needed; can be hiked without any Train station Table tennis / Tennis ■ Boat landing stage Parking lot / Parking garage Information ■ Church Swimming pool / Spa Oberschönenbuch --- Mountain hikes for experienced alpine hikers The route may take you off-trail in places. All-weather gear and hiking shoes Cinema / Theater with good grip are essential. Alpine hut refreshments Alpine hut --- Alpine trails ☐ Café ☐ Accommodation May include some scrambling. The route may take you off-trail in places. You must be in good physical condition, and must understand the risks in the ▼ Rental & service mountains. All-weather gear and hiking shoes with good grip are essential. Shopping Barbecue area Soccer ground Multi-use-hall Silberen-Bödmeren Nature Reserve Picnic area Kayaking Please be respectful of your surroundings in the Silberen-Bödmeren Nature Playground Caves Golf course Husky-Lodge Reserve: do not disturb or frighten animals; keep the noise down; stay on Pump track Route start point KETTLER

3 Muotathaler Witzwanderweg

Schlattli – vordere Brücke – Muotathal / \uparrow 56 m / \downarrow 21 m / 2h

Schulhaus Muota / ↑ 186 m / ↓ 186 m / 1 h 40 min

Unter Roggenloch – Bödmeren – Stägen – Unter Roggenloch ↑ 109 m / ↓ 109 m / 1 h 15 min

10 Rundgang Stalden

12 Urwaldweg Bödmeren

13 Vom Sahli zum Muotathal

Brücke | ↑ 0 m / ↓ 510 m / 2 h 35 min

15 Pragelpassweg

↑ 360 m / ↓ 280 m / Etappe 1: 3 h 45 min ppe 2: Muotathal – Stalden – Pragelpass – Hinter Klöntal

24 Karstspur Silberen

Pragelpasshöhe / ↑ 864 m / ↓ 864 m / 5 h 45 min

27 Auf den Muotataler Hausberg

Schwarzenbach – Gigen – Träsmeren – Wasserbergfirst – Liplisbüel – Muotathal ↑ 1575 m / ↓ 1915 m / 7 h 15 min

80 Moorweg / 11 Sternegg – Frontal – Stoos Seeli / ↑ 28 m / ↓ 28 m / 30 – 45 min

82 Stooshorn-Runde / 11

84 Fronalpweg / 1945

↑ 0m/ ↓ 579m/2h

87 Gratwanderweg Klingenstock – Fronalpstock

60 Weg der Schweiz

Brunnen / ↑ 1400 m / ↓ 900 m / 11 h 5 min

61 Panoramaweg Morschach

63 Wundernasenweg / 11/14

↑ 20 m / ↓ 20 m / 30 min

64 Wanderung zum Schilteli

Morschach – Degenbalm – Hetzig – Schilteli – Hinter Schilteli – Morschach \uparrow 575 m / \downarrow 575 m / 3 h

65 Dachsenweg Rundgang

nfopavillon – Mattli – Vorder Wasi – Hinter Wasi – Mattli – Infopavillon ↑ 160 m / ↓ 160 m / 1 h

ILLGAU

40 Chäferliweg Illgau / 1

St. Karl Bergstation – Waldspielplatz – Glockenspiel – Erlebnisspielplatz Balmli – Illgau / ↑ 10 m / ↓ 375 m / 50 min

41 Zum Aussichtspunkt Sternenegg

Illgau – Kirchengut – Chaltenbrunnen – Oberer Altberg – Sternenegg – Rieter – Illgau ↑ 600 m / ↓ 600 m / 3 h 30 min

42 Spirstock

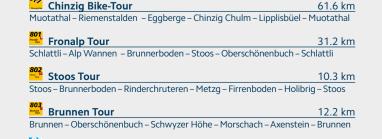
 $Ill gau-Vorder\ Oberberg-Chaltenbrunnen-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Sternenegg-Spirstock-F\"{a}derenberg-Spirstock-F\"{a}derenberg-Spirstock-F\ddot{a}derenberg-France-Fra$ - Ober Hasen - Vorder Oberberg - Illgau / ↑ 1014 m / ↓ 651 m / 4h 40 min

43 Rundweg Fallenflue

Illgau – Bergstation St. Karl – Fallenfluh (Aussichtspunkt) – Nühus – Illgau Dorf ↑ 186m / ↓ 183m / 2h

CYCLE TOURS

Suworow Route



Schwyz – Suwowowbrücke – Muotatal – Pragelpass – Klöntal – Glarus – Elm

4 Wetterfrosch-Wanderweg 👫 Schulhaus Muota – Altersheim – Guggeli – Teufbach – Tschalun – Muotadamm –

Töbeli – Brunni – Husky-Lodge – hint. Brücke – Stützli | ↑ 106 m / ↓ 106 m / 1 h 10 min

Eigeliswald – Rasis Hütte – Gschwänd – Äbnenmatt– Bödmeren – Stägen – Eigeliswald | ↑ 315 m / ↓ 315 m / 3 h 15 min

Sahli – Schwarzenbach – Schönenboden – Mettlen – Laui – Herrgott – Hintere

14 Rund ums Sahli

Schlänggen – Vordersten Hütte – Waldisee – Gross Gade – Milchbüelen – Salihöchi – Schlänggen ↑ 605 m / ↓ 605 m / 3 h 30 min

Etappe 1: Schwyz – Schlattli – Muotathal

↑ 1200 m / ↓ 950 m / Etappe 2: 7 h 15 min

Pragelpasshöhe – Butzen – Silberen / Twärenen – Silberenalp – Alpeli –

STOOS

Bergstation Standseilbahn – Stoos-Kapelle – Stooshorn – Restaurant Alpstubli – Bergstation Standseilbahn / ↑ 42 m / ↓ 42 m / 50 min

83 Panoramaweg Fronalpstock Fronalpstock Gipfel − Fronalpstock Gipfel ↑ 60 m / ↓ 60 m / 30 min

Fronalpstock Gipfel – Charenstöckli – Alp Laui – Frontal – Stoos-Seeli – Stoos

Stoos – Rinderchruteren – Tröligen – Alp Näppänalp – Metzg – Restaurant Stoos Hüttä – Gasthaus Balmberg, Dorf Stoos / ↑ 364 m / ↓ 364 m / 3 h 25 min

Klingenstock – Huser Stock – Furggeli – Fronalpstock ↑ 420 m / ↓ 400 m / 1 h 30 min – 3 h

MORSCHACH

Rütli – Seelisberg – Bauen – Flüelen – Tellskapelle – Sisikon – Morschach –

Infopavillon – Axenstein – Schwyzerhöhe – Luftseilbahn – Nägelisgärtli – Degenbalm – Infopavillon / ↑ 270 m / \downarrow 270 m / 1 h 40 min

62 Kapellenweg

Infopavillon – Lourdes Grotte – Franziskuskapelle – Marienkapelle -Mattli Antoniushaus – Infopavillon / ↑ 100 m / ↓ 100 m / 1h

Infopavillon – Apart Holidays – Landal Ferienhäuser – Infopavillon

One of Illgau's best-known exports is its unique folk music. Some ten music groups play the local Ländler style, and there are also home-grown bands who enjoy playing modern music. Not only instrumentalists – vocal music is a large part of the village culture.

EVENTS SOMMER 2025

FASCINATING FACTS

home to working farms summer and winte

ACCOMMODATION & RESTAURANTS

come, tradition, and glorious mountain scenery.

MUOTATHAL

Around 3,500 people live in the village of Muotathal, surrounded by thick fo-

rests and imposing alpine peaks. Village life is lively, with several associations

There is a wealth of options for an amazing night's sleep, whether next door to

the huskies or in the midst of nature on Mt. Glattalp! Hungry guests are equal-

ly spoilt for choice – from regional specialties to international haute cuisine;

Following the Franco-Russian battle in the Muotatal Valley on October 1, 1799,

the village of Muotathal has been immortalized on the Arc de Triomphe in

preserving local traditions such as yodeling and Swiss wrestling.

from alpine hut catering to the Panorama Restaurant.

ACCOMMODATION & RESTAURANTS

FASCINATING FACTS

ILLGAU

Paris (although spelled Mutta Thal).



The village, with its 820 locals, is often referred to as a "sun terrace". The farm-

houses dotted across the plateau and up to 1,300m (4,300ft) above sea level are

Attractive, peaceful and sunny Illgau is the perfect base for exploring the area

and enjoying splendid views. The Illgau restaurants will offer you a warm wel-

Evening trips to Mt. Fronalpstock EVERY SATURDAY May - October May - August June 9 Stoos-Schwinget swing festival June 15 June 21/22 Migros Hiking Sounds, Stoos July 27

July 31 / August 1 August - September August 4 – 9 August 14 August 17/18 October 19 Fröneli-Fäscht festival, Stoos

Theater Muotathal

August 25

October - December

October 25/26

Listen to alpine horns above Morschach EVERY TUESDAY Open air mass with yodel choir on Mt. Fronalpstock Coop Kinderland open air festival, Morschach

National holiday on the Stoos Sunrise trips to Mt. Fronalpstock EVERY FRIDAY Kids musical camp 2025 «Cinderella». Morschach Country Rock open air festival, Ried-Muotatal Natural products market, Stoos Coop Family Hike, Stoos

Muotitaler Alpchäsmärcht (REGIONAL PRODUCTS /MUSIC)

VILLAGE LIFE

STOOS

A car-free village and skiing area within the Morschach commune, Stoos Village lies 1305m (4,300ft) above sea level on a high plateau. There are 150 residents, with 16 children currently attending the village school. In tourist season, up to 2200 visitors flock to stay in the village.

ACCOMMODATION & RESTAURANTS

Cozy comfort in the Stoos Hüttä, pampering in the Stoos Hotel, Alpine chic in the Caschu Alp or a home-from-home in group accommodation or self-catering. Delicious food with a view – from regional specialties to modern cuisine or generous buffets.

FASCINATING FACTS

MORSCHACH

Recuperative energy: modern heat pumps use the excess heat generated in the Stoos funicular's machine room to keep the mountain station, the Stoos Shop, and the 100 bedrooms of Stoos Lodge warm and toasty.

On a sunny plateau above Brunnen, overlooking Lake Lucerne, Morschach en-

joys a view of the historic Rütli meadow, the mountains of Canton Uri and

The tourist village offers self-catering accommodation, family-friendly campsites.

and hotels. Tasty ice-cream, barbecue spots, and restaurants crossing the globe

The hiking trail Weg der Schweiz, the Swiss Path, passes through the center of

Morschach. The trail is a historic route through Switzerland's ancient landsca-

pes, bringing together nature, tradition and history. Morschach is more than

from Italy to Thailand – or authentic Schwyz cuisine: Morschach has it all.

down the wide valley of Schwyz. The village has around 1,200 residents.

ACCOMMODATION & RESTAURANTS

ALPINE CODE OF CONDUCT

ASCINATING FACTS

KEEP DOGS ON

A LEASH AND

SCOOP THE

At the very foot of the Muotatal Valley, the primeval forests of the Alps survive in the 550ha (1,360 acre) Bödmeren forest. Some parts of the forest have hardly felt the finger of mankind and remain just as they were in ancient times.

RIDESHARE BENCHES ON THE PRAGELPASS

To help ease the way for tired hikers and/or take you over the pass, the association IG Pragel has installed twelve easily visible rideshare benches along the pass route between Klöntal and Muotatal. Sitting on one of these benches signals that you would like a ride.

WORLD'S STEEPEST FUNICULAR

mountain village: Stoos. The funicular chugs up gradients of up to 110% = 47.7°. The innovative technology is unique in the world. Kids travel free of charge in summer with a 'Junior' or 'Kinder' family card.

In December 2017, the world's steepest funicular opened in the middle of a

HERITAGE & TRADITION IN ILLGAU

Above us, the expanse of sky; below us, the endless void of the Hölloch; all around

HÖLLOCH CAVES & VISITOR CENTER

With 210 kilometers (130 miles) explored to date, the Hölloch isn't just the ness of this natural wonder.

One of Illgau's best-known and most-loved exports is its folk music. It's said that at least one instrument is played in every family in Illgau. Alongside the traditional Swiss groups, you'll find bands playing modern rock, pop, and folk

us, the bare karst: the rocky Silberen landscape is something special to see, boasting Switzerland's biggest karst formations. The trailhead is at the Pragel Pass,

THE SILBEREN KARST

and the second part of the hike features stunning views into the Klöntal Valley.

biggest cave system in Switzerland, nor in Europe: it's one of the biggest in the world. A tour of the visitor center is the ideal way to comprehend the unique-

Let the Panoramaweg guide you around the village, with fantastic views over Lake Lucerne and to the peaks of Canton Schwyz, or follow the Kapellenweg through stunning scenery from chapel

buarding the head of the Muotatal Valley,

the Fallenflue crag, some 1,200m above

sea level, boasts splendid views over Can-

ton Schwyz and Lake Lucerne. The north-

west face is popular with adventurous

Named after the local beetle, the Chäf-

erliweg challenges you to find members

nething round every corner: play areas,

of the beetle family - and discover so

barbecue spots, ... and more. Follow cir

cular trails through sunny Illgau to the

Fallenflue viewpoint, or towards Ober-

panoramas of the Axenstein golf cour-

outdoor go-kart track or seek an adren-

alin rush on the Flying Fox parkour trail.

to chapel. Kids will love the themed D

berg and Chaltenbrunnen.

climbers throughout the summer.



STOOS

The Stoos area is crisscrossed with trails, and there's something to suit every taste, young and old, from the Stooshorn Circuit around the village to the Fronalpweg trail up Mt. Fronalpstock, or the impressive ridge hike with panoramic views in every direction.

Carefree hours in the fresh mountain air, surrounded by 360° panoramas - what more could anyone want? It's all part of the Stoos experience.

Take an intrepid hike through the Hölloch cave system and discover the world from the other side! Enjoy a climbing experience at erlebniswelt muotathal GmbH, or get an adrenalin charge on a wild water adventure such as kayaking or canyoning down the Muota River.

Muotathal village is at the heart of a network of over 280km (175 miles) of hiking trails. Follow the way posts along the Muota River, through timeless mountain scenery and deep into unique nature zones such as the ancient Bödmeren fores and the Silberen limestone plateau.

FUN FOR ALL THE FAMILY



FAMILY VACATION

Accommodation options range from cozy family-friendly hotels to convenient self-catering – or campsites packed with adventures. Enjoy an unforgettable husky experience, meet farm animals, or simply delight in the impressive surroundings.

OUTDOOR ADVENTURES WITH THE KIDS

Hunting beetles on the Chäferliweg in Illgau or spotting the wooden balls that mark the Fronalpweg trail on the Stoos – with educational themed trails, fun activities where the kids will love to stop and play, and hiking routes suited to strollers – every walk becomes an adventure.

INDOOR SPORT AND LEISURE PARK

RELAX AND RECHARGE

Head to the Swiss Holiday Park for a host of fun activities from virtual reality to bowling, from billiards to table tennis or the movies, and all kinds of adventures in the 1,300m² (14,000 sq ft) Superdome. Another don't-miss is the FunPark at the Stoos Lodge.

CLOSE UP WITH ANIMALS

Hours to treasure at the Erlebnishof Fronalp activity center, where you can meet horses, ponies, cows, goats, hens and bunnies. Or visit Ferienhof Rüti, where you can stroke alpacas, hares and even pigs! The pygmy goats gamboling in the petting zoo on Mt. Fronalpstock are always a winner, and the huskies at erlebniswelt muotathal GmbH will be delighted to greet you.

EXPLORE THE PLAYGROUNDS From the pump track in Muotathal and the playground in Schwarzenbach; from

the wooden adventure castle on Mt. Fronalpstock to the woodland play parks in Illgau and Morschach -- there's something to delight every young adventurer!

BARBECUE & PICNIC SPOTS Summer time is barbecue time! The region has any number of idyllic barbecue

WINTER 2025/26

spots where you can build a bonfire and toast a sausage or tasty bread twist. Please always follow the alpine code of conduct when you are lighting fires.

STOOS-MUOTATAL TOURISMUS GMBH

WEBSITE www.stoos-muotatal.ch

INFO POINTS Pavillon Morschach

Valley station funicular Schwyz-Stoos

«For hikers. For sun worshippers. For bon vivants.

Discover the Stoos-Muotatal region



just a place to pass through on the trail: it is well worth stopping to explore.

WEATHER MICROCLIMATE

THE RUGGED WEATHER REGION

WETTERSCHMÖCKER

The Fascination of Weather: «Beauty and Power of Nature»

during an entertaining talk from one of the group.

The Stoos-Muotatal region has a strong connection to weather due to its ext-

reme local phenomena — from foehn storms over Lake Uri, to record-low tem-

peratures on Glattalp, rainy days in the Bödmeren primeval forest, or hours of

sunshine on Stoos and the sun terrace of Illgau. Despite being only a few kilo-

meters apart, the region hosts a wide range of contrasting weather extremes.

The home-grown 'Wetterschmöcker', sometimes known as the 'Muotathaler

Wetterfrösche', is a group of hobby meteorologists from the inner Schwyz

region. Their own observations of nature are certainly an ingredient of their

weather forecasts, but the exact recipe is a well-quarded secret. Learn more









PLEASE RESPECT THE ALPS. Thank you for your unterstanding.





GROUP OUTINGS

OUT AND ABOUT

art of yodeling.

There is a huge range of group activities available: guided hikes through untouched nature; a lively entertainment program; adventurous activities... whatever the occasion, you can guarantee an unforgettable event for the whole group.

mentally friendly energy production in the ebs AG hydroelectric power station.

or attend a workshop by Bernhard Betschart for an experience of the fascinating

HISTORY AND CULTURE Learn fascinating tidbits about the building of the record-breaking funicular and discover the history of Stoos mountain village. Learn more about local, environ-

MEETINGS & SEMINARS Mattli Antoniushaus, Stoos Lodge, Swiss Holiday Park or erlebniswelt muotathal GmbH are all perfect conference centers with state-of-the-art facilities and everything you need for a fruitful conference.

Pure relaxation, surrounded by Muotatal's natural wonders. Sauna, quiet room and an invigorating cold tub in

HUSKY-LODGE CHALET HOTEL

SWISS HOLIDAY PARK

Let the atmosphere soothe your soul, soak away your cares in the luxurious Roman/Irish baths, and pamper yourself with a relaxing massage.

WELLNESS HOTEL STOOS**** Some 1,100m2 (12,000 sq ft) of spa facilities will restore equilibrium to body and soul. Absorb the power of the nature all around.

CASCHU ALP BOUTIQUE DESIGN HO

If you're looking to get away from

the hurly burly of daily life, the spa

in the Caschu Alp Boutique Design

Hotel is just the place for you. Sau-

na area with various combinations, a

whirlpool, and many more treasures.

Enjoy the 500m2 (5,400 sq ft) sauna

and fitness facilities, fully equipped

STOOS LODGE DESIGN & LIFESTYL

with panoramic views.

particularly special experience. Winter sports fans can look forward to

CROSS-COUNTRY Glide through nature until your heart is

racing – the Stoos-Muotatal region has

A ski safari in the Illgau region is a

35km (20 miles) of maintained pistes.

a varied selection of cross-country trails for both classical skiers and skaters.

SNOWSHOE TRAILS AND WINTER HIKING

ACTIVITIES

Hölloch cave system, or tackle a daring and action guaranteed!

an airboard on the Stoos.

SLEDGING & AIRBOARDING

Flying down the slopes with the wind in

your hair is a euphoric experience. Mix it

up with an evening ride in Illgau or try

ice climb. Or visit the Bounce Circus – fun



ENGLISH

Summer 2025

Activity and

A unique microclimate

panoramic map

Grundstrasse 232, 6430 Schwy +41 (0)41 818 08 80

Xaver Lüönd AG Muotathal

Mountain station air gondola Morschach-Stoos Raiffeisenbank Illgau

For an escape from the city. For spa lovers, For cave explorers. For mountain climbers. For adrenalin addicts.»

